

Chronic Pain – Useful links for Therapists and Patients

NHS IAPT-LTC Short Guide

- <https://www.england.nhs.uk/publication/the-improving-access-to-psychological-therapies-iapt-pathway-for-people-with-long-term-physical-health-conditions-and-medically-unexplained-symptoms/>

NCCMH IAPT-LTC Long Guide

- <http://www.rcpsych.ac.uk/workinpsychiatry/nccmh/mentalhealthcarepathways/improvingaccess.aspx>

Link to step 3 Pain Resources on HEE website

- <https://hee.nhs.uk/sites/default/files/documents/Resources%20for%20High%20Intensity%20Therapist%20courses.pdf>

British Pain Society information

- <https://www.britishpainsociety.org/british-pain-society-publications/>

Understanding and managing long term pain

- https://www.britishpainsociety.org/static/uploads/resources/files/Taster_Understanding_Managing_Long-term_Pain_2015.pdf

Guidelines for Pain Management Programme for adults (2013)

- https://www.britishpainsociety.org/static/uploads/resources/files/book_pmp2013_participant.pdf

British Pain Society - eLearning Module on pain management

- <https://www.e-lfh.org.uk/programmes/pain-management/>

British Pain Society – Core Standards

- <https://www.rcoa.ac.uk/document-store/core-standards-pain-management-services-the-uk>

Pain Toolkit

- <https://www.paintoolkit.org/>