

# Psychological Professions Network (PPN)

## Psychological Practitioners Community of Practice Notes

The following questions were posed to those in attendance at the first Psychological Practitioners Community of Practice meeting, the first three in modality groups and the second three in mixed groups

### What would you want from a Community of Practice (CofP)?

#### *Psychological Wellbeing Practitioners (PWPs)*

Leadership Development – skills, CPD

Mentors who have been PWPs

Transition mentors

Wellbeing Support – afternoon, activities

Continuing Professional Development (CPD)

Advertising vacancies centrally

Forum – closed, moderated

Sub groups for different areas i.e. clinical hours, consistency of implementing PWP role

#### *Children and Young People Wellbeing Practitioner (C(Y)WP)*

Networking

Opportunities for representation (national voice) of low intensity workforce

Advocates

Share best practice

Resource sharing i.e. with other Psychological Practitioners

Community – virtual space – ‘might be only one’ in service

#### *Education Mental Health Practitioner (EMHP)*

Sharing resources/best practice/processes

Digital space to share

Access to group intervention resources/sharing

Regular networking/virtual space

Opportunities for cross service support/peer supervision/consultation

### ***Mental Health Wellbeing Practitioner (MHWP)***

Registration and updates on this

Compare differences between primary and secondary care/CAMHS vs Adult

Share ideas of role responsibilities/function

Regular conferences with PPN

Resource sharing

Top up training/CPD

Peer Supervision

Backup/protection – blurred responsibilities/expectations/whistleblowing

### ***Common themes/Summary***

1. Virtual (safe) Space/Repository – shared resources and/or conversation
2. Events – BABCP SIG provides CPD function. PP CofP opportunity to provide networking, sharing, CPD element?

## **Practicalities**

### ***Mental Health Wellbeing Practitioner (MHWP)***

Newsletter

Meeting/Event quarterly

### ***Children and Young People Wellbeing Practitioner (C(Y)WP)***

Hybrid – some face to face (F2F), some remote, networking

Regular meetings

Less frequent bigger events

### ***Education Mental Health Practitioner (EMHP)***

Quarterly meetings

Information on CPD, CPD Webinars

Online meetings

### ***Psychological Wellbeing Practitioners (PWPs)***

Quarterly in person CPD

Specialist ½ day CPD Online

Mix of F2F and remote

### ***Common themes/Summary***

1. Meetings – Mix of F2F and Online
2. Newsletter – Updates/Information i.e. CPD, resources
3. Web – area on PPN? Repository?

## **Particular Challenges**

### ***Children and Young People Wellbeing Practitioner (C(Y)WP)***

Roles once qualified – core profession issues

Less structure in role

Role boundaries and protection

Pulled into other roles i.e. CAMHS functions

Others not understanding remit of role

### ***Education Mental Health Practitioner (EMHP)***

People understanding the role

Professional Registration

Career progression

### ***Psychological Wellbeing Practitioners (PWPs)***

Peer supervision away from service

Cross service CPD

Sharing outside NHS – resources

Career development

### ***Mental Health Wellbeing Practitioner (MHWP)***

Psychology being in CMHT building

No senior roles/unclear progression

Trying to make interventions based on primary care fit with complex presentations

Referral pathways not clear

Service pressures and unclear boundaries

‘People don’t know what we do’

CPD

Shadowing opportunities

### ***Common themes/Summary***

1. Role boundaries – recognition and understanding – within and across
2. Progression

3. Integration into teams
4. CPD/Shadowing
5. Managing complexity

## **'Psychological Practitioners' rather than silos**

Extending level of support

Sharing – resources

Peer working

Knowledge based clinical skills

Involvement in research and disseminating findings

Part time opportunities to support access/diversity

Shared knowledge of groups

CPD

Consistency of approach to progression i.e. senior roles, Leadership training

Appropriate presentations i.e.

    Early Intervention – mild/moderate

    Reality vs Academic

Time limited interventions

Stand alone vs part of a team – blurring

Learn from newer role i.e.

    MHWP for complexity

    PWP for experience

Transition between

Signposting

## **Opportunities/gains working together**

Share best practice

Top up/Transfer

Clear expectations/Roles i.e. supervision

Bigger community

Job opportunities

Peer support

Learning about other roles – similarities/differences

Shared courses – elements

## **Suited to 'task and finish', smaller, own groups**

CPD/Professional development

Research/Data – Special Interest Group (SIG)?

How to gather

What can be developed from

Bridging gap between Step 2/Step 3

Service Evaluation

Locality meet ups

Shared training experience

Sub groups for specific demographics i.e. Perinatal

Transition from:

Children to Adult

Primary to Secondary

Subgroups on topics rather than roles