

What an Education Mental Health Practitioner (EMHP) does:

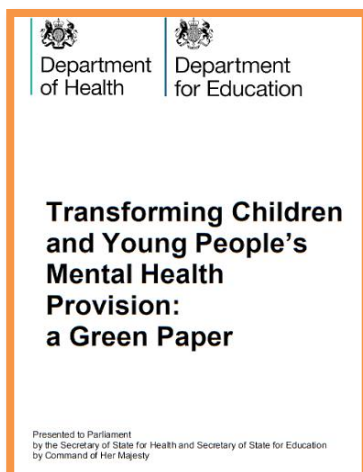
1) Deliver evidence based 1-1 and group interventions for children and young people with mild-moderate mental health needs (i.e. worries/anxiety, low mood/depression, and behavioural difficulties)

2) Work collaboratively with education settings to support a 'whole school approach' to mental health using the Anna Freud 5 steps to mental health and wellbeing guide:

<https://www.annafreud.org/schools-and-colleges/5-steps-to-mental-health-and-wellbeing/>

3) Work as part of a Mental Health Support Team (MHST) to offer consultations and signposting to more specialised mental health support for children and young people whose mental health needs exceed the mild-moderate EMHP thresholds

'Ctrl' and 'click' the image to find out more about MHSTs ↓



'Ctrl' and 'click' the image to find out more about the EMHP role →

