

# Psychologically Informed Crisis Care Project (PPN South East)

*The PPN-SE has commissioned a six month project, drawing on a nationally funded NHSE initiative focussing on mental health crisis care.*

## **Projects key aims:**

- Map the psychological therapy workforce across the adult acute mental health pathway
- Outline the recommended psychological interventions for Crisis Resolution and Home Treatment (CRHT) services
- Identify areas of innovative and best practice
- Describe psychologically informed models of care (e.g. trauma informed care; team based formulation)
- Identify improved outcomes and wider service benefits when care is psychologically informed
- Consider training recommendations for teams developing a psychologically informed way of working.
- Create a community of practice for those delivering and using crisis care in the South East



## **Join the Crisis Community of Practice; CRHT (CCoP)**

Eligibility for membership of the PPN-SE Crisis Community of Practice (CRHT) includes all staff working in a crisis team in the South east of England and Experts by experience who have lived experience of the urgent care pathway. We don't want to exclude our acute and urgent care colleagues who are welcome to join and add to this discussion. We plan to have our first meeting in **March 2024**. Join the Community of Practice Membership via the QR code above.

## **Contact us:**

Whether or not you are a member of the PPN or the community of practice feel free to contact us with any ideas, thoughts and questions.

- Bree Macdonald (Professional lead for psychological therapy in acute care Sussex Partnership) **Bree.macdonald@spft.nhs.uk**
- Laura Goody (Principal Clinical Psychologist, CRHTT Oxford Health) **Laura.Goody@oxfordhealth.nhs.uk**

