

12:15 – 13:00

Mental Health and BAMER Communities

Jason Bromley, Senior Manager, Tameside, Oldham and Glossop Mind (TOG Mind), Abdul Shakoor,
Community Development Lead, Tameside, Oldham and Glossop Mind (TOG Mind) & Vicky

Broadbent, Adults and Communities Director, Tameside, Oldham and Glossop Mind (TOG Mind)



Mental Health and BAMER Communities



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- Tameside, Oldham and Glossop Mind is committed to reaching our whole community.
- Successful pilot of our Active Monitoring service working across five GP practices in Oldham in 2016/17.
- BAMER communities in the area were not being reached in the same numbers as they are represented within Oldham generally.
- Only 7% of our service's clients were from BAMER backgrounds compared with 22.5 % of the local population (2011 census).

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Census data tells us that Oldham has

- Higher levels of unemployment amongst South Asian communities.
- High levels of overcrowding amongst Pakistani and Bangladeshi peoples.
- High rates of unpaid carers.
- High incidence of poor health amongst older Asian people.



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- Speaking with local Community Activists.
- Ensuring effective engagement of people within their own communities.
- Ongoing promotion, signposting, social prescribing and general public education.

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Abdul Shakoor and other key staff

- Mapping local provisions.
- Developing meaningful partnerships.
- Understanding linguistic, religious, cultural and national differences.
- Community development and guided self-help services.



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THIS YEAR IT'S BIGGER...AND YOU'RE INVITED!
#bringingcommunitiesstogether

THE OPEN CALL™ FESTIVAL 2019

FREE ENTRY

GREENGATE TRUST
THE GATEWAY TO DIVERSE KNOWLEDGE
HUMAN RIGHTS FOUNDATION

OMAR ESA
ABDULLAH HAQANI
SPECIAL GUEST IMAM KHALID HUSSAIN
TOUKAN
QARI AYUB ASIF
QARI BILAL
SHABAZ HASSAN QADRI
ZAHEER IOBAL
PRINCE NASEEB
FARAZ YUSUFZAI
ZAHEER ABBAS QAWWAL
MIKHAAEL MALA
HARRIS TABREZ
TALHA TARIQ
MARCUS NISAR

ALEXANDRA PARK
11 AM TILL 8 PM
KINGS RD - OLDHAM - OL8 2BN

SAVE THE DATE
**SUNDAY
30TH JUNE 2019**
NORTH WEST FUNFAIR STARTS SATURDAY 29TH JUNE 2019

LIVE STAGE PERFORMANCES - MAJOR FUNFAIR
ADULTS & KIDS RIDES - INFLATABLE WORLD
MINI BAZAAR & STALLS - BBQ, FOOD & DESSERTS
QUAD BIKING - SISTER'S ZONE - KID'S ZONE

FOR FURTHER INFO VISIT OUR WEBSITE
WWW.THEOPENCALL.CO.UK

OUR MEDIA PARTNER

TO BOOK A STALL CALL
07803 821 812 - 07813 671 772
For more info call: 07803 821 812

OUR PROUD SPONSORS THIS YEAR

SEDGLEY GROUP
YAYA'S
PRO
GERMANI
Ria's
EASTERN
LASH



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RADIO RAMADAN
OLDHAM
87.7 FM
From 6th May 2019
Childeren Programme
Aap k Sawalaat
Ulema k Jawabaat
Hamd o Naat, Shan e Oliya
Competitions and More



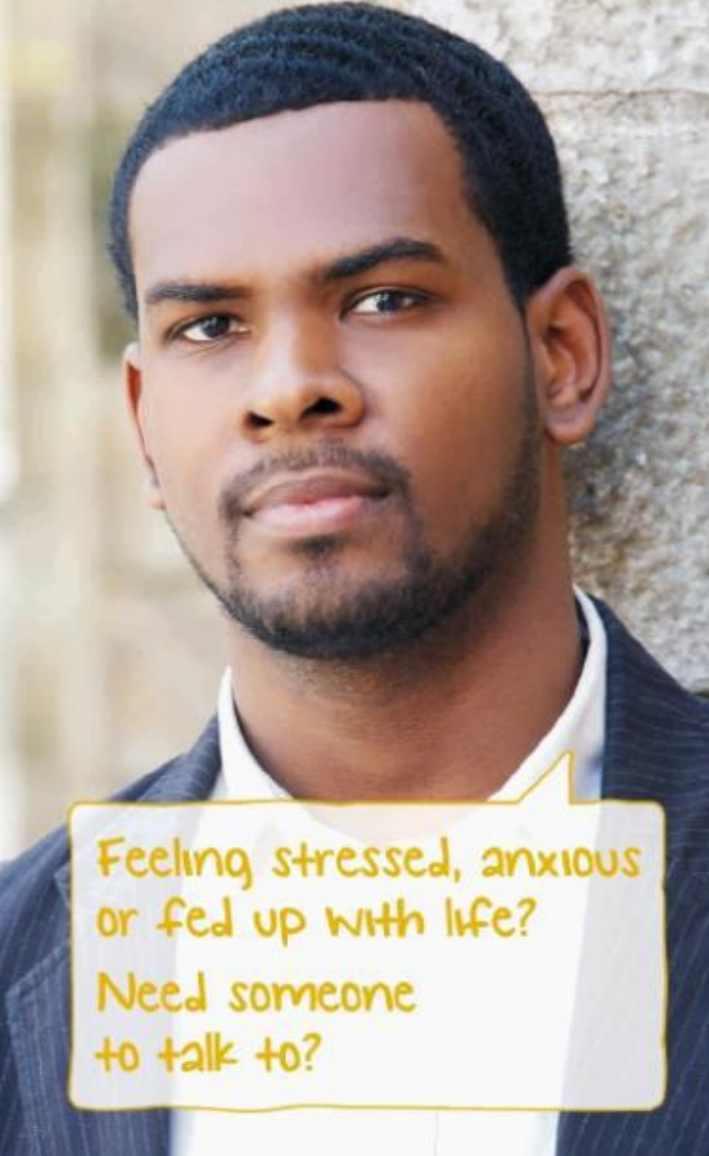
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Abdul Shakoor and other key staff

- Community development and working with clients in a guided self-help service.
- Share the methods that we use and work with volunteers.
- Greater access to people in luncheon clubs, Mosques, Temples, Churches and community centres.
- Evidencing cultural competence in terms of making support acceptable.
- Worked to break down the help we can offer to support “emotional wellbeing” into practical things like money help, family advice and working through stress.
- Developed and shared a list of local GPs and the languages they speak.

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Share RAMADAN
Iftar Feast with the Mayor
in association with Grand Venue
Organised by
Oldham Ramadan Appeal

Feast
Networking
Entertainment

Take on the challenge to
fast for a day and raise
money for charity.

featuring comedy from
Two White Muslims

14/05/19 7.30PM The Grand Venue Banqueting Hall £20 0788 915 8824

Bringing communities together to experience the
beautiful month of Ramadan in support of local charities

Supported by

Kershaw's Hospice Action Oldham Fund Parish of St. Thomas Werneth MAGGIE'S mind THE BIG Iftar made with ♥ by just loyalty

Abdul Shakoor and other key staff

- Building assets with our partners is another key element.
- Further partnership development with the NHS, Red Cross, Age UK, Job Centre Plus and many more whilst developing a social prescribing model.
- We have found that people have told us and their friends that our support makes a difference.
- Volunteers whom we've met as we worked from the local communities now work alongside our team and signpost / support.
- Regular contributions to local radio throughout Ramadan and appropriate visual marketing that's inclusive and easy to understand.

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for better mental health

Wellbeing Drop In

Sometimes life can be stressful, it may make you feel anxious or fed up with life. Maybe you need someone to talk to, who can listen without judgement and help you find the right support.

کبھی کبھی زندگی میں مشکلات اور فکریں
بڑھ جائیں تو بے چینی اور بیزاری محسوس
ہوتی ہے، ہوسکتا ہے آپ کو کسی کی ضرورت ہو
جو آپ کی بات سن سکے اور آپ کی مدد اور راہنمائی
کرسکے۔



for better mental health

Tameside, Oldham
and Glossop



Wellbeing Drop In

Come along to one of our 20 minute Drop-In sessions to find out how we can help you.

20 منٹ کے ڈراپ ان سیشن میں
تشریف لائیں جہاں آپ مکمل رازداری میں
ہمارے تجربہ کار ماہر پریکٹیشنر سے اپنی
زبان میں بھی بات چیت کرسکتے ہیں۔
ہمارے ڈراپ ان سیشن مندرجہ ذیل مقامات
پر ہوتے ہیں،

Various locations across
Oldham in GP and
Community settings

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Multilingual promotional materials for Drop In Sessions – Clinical and non clinical settings are important



Pride in Oldham nominee Dr Hyder Abbas and his team at the Jarvis Medical Practice in Glodwick

Dr Abbas – Jarvis Medical Practice Glodwick Health Centre, Oldham.



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Outcomes and BAMER representation

- From 7 % in 2015-6 to 25% in 2017-18.
- We know there are more people to engage with, those who find themselves older and isolated at home.
- Seeking funding to develop materials aimed at breaking down barriers between mental health and faith.
- Further expand our volunteer pool and to develop content for our Youtube channel.
- Our work has recently been recognised nationally as we have been awarded a Mind Network Excellence Award in “Equality and Diversity”.



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Come along to one of our 20 minute Drop-In sessions to find out how we can help you.

20 منٹ کے ڈراپ ان سیشن میں تشریف لائیں جہاں آپ مکمل رازداری میں ہمارے تجربہ کار ماہر پریکٹیشنر سے اپنی زبان میں بھی بات چیت کرسکتے ہیں۔ ہمارے ڈراپ ان سیشن مندرجہ ذیل مقامات پر ہوتے ہیں،

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Questions?

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